

Members receive 10% off Wellness Club entrees.
Non-members may purchase these entrees at full price. Menu items are listed at full price.



240 E. Lincoln Hwy, DeKalb
815.756.2345

French Toast with Fruit & Ham.....\$6.99

2 French toast made with our cracked wheat bread, using low cholesterol egg products, served with ham and light syrup. Side of fresh fruit.

Calories: 485 **Fat: 8.0 g**

Eggbeaters, Fruit & Toast \$6.49

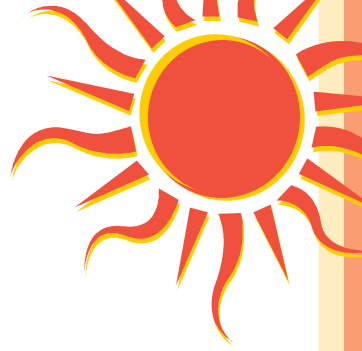
Our homemade toast served along side a fresh fruit cup and scrambled Eggbeaters.

Calories: 505 **Fat: 8.5 g**

Boca Burger & Fruit.....\$6.99

Boca Burger served on cracked wheat bread with lettuce, tomato, pickle. Served with fruit cup.

Calories: 480 **Fat: 6.0 g**



Veggie & Feta Omelet

with Toast.....\$7.99

Choose your favorite vegetables in our specially prepared reduced cholesterol egg product. Topped with feta cheese and served with our homemade toast.

Calories: 515 Fat: 13.0 g

Turkey, Broccoli, Feta Omelet with Hashbrowns & Toast\$7.99

Our special reduced cholesterol egg blend is combined with broccoli and turkey and topped with feta cheese. Served with one slice of our homemade toast and 1/2 portion of hash browns.

Calories: 440 Fat: 12.0 g

Open Face Veggie & Cheese

with Fruit.....\$6.79

Avocado, lettuce, tomato, alfalfa sprouts, Mozzarella cheese served on a slice cracked wheat bread. Served with fruit cup.

Calories: 390 Fat: 14.5 g

10% discount applies only to entrées on this list and may not be combined with any other discount or special pricing. Prices subject to change. This discount cannot be applied to regular menu entrées, beverages or gratuity. Nutritional values listed are estimated based upon recipe amounts. Actual values may vary according to preparation.